

## Preparing for Successful Studying and Professional Career

### WORKSHOP B: “Learning Techniques” (Guide)

We know that everyone has their preferred ‘learning channel’ (visual, audio, ... ) depending on what ‘learning type’ they are. But still: sometimes the ‘learning environment’ and the ‘learning arrangement’ – depending on the kind of material to be learned and the kind of how the learned material will be used – can make all the difference.

*Creating a Learning Situation which is very similar to the situation in which you might need the ‘learned material’ (e.g. in an oral or written exam; a presentation; in a conversation/discussion, in an emergency ....) can make learning much more successful. – So e.g. Practising ‘A Dialogue in a Hospital’ should be practised with a dialogue partner.*

This is logical and understandable. But very often we struggle to choose the best – most appropriate – ‘learning technique’, because we do not exactly know what the choices – and their pros and cons – are. Furthermore there are so many books and internet resources that an individual learner might easily be overwhelmed and feel lost.

This means we can provide help if we develop a small ‘guide’ giving an overview of the most important facts and recommendations, which can be used by learners of all ‘learning types’ and ‘ages’ (because Life-long Learning is our shared future) when they feel the need to improve.

#### Assignment/Goal:

Produce a ‘concise pamphlet’ that everyone can easily read and use (or print and fold it to be handed out to interested people) whenever in need of just the right ‘learning technique’ etc.

#### Format:

It has to be a document that can be altered and improved later on (rtf/odp/doc/docx ...) and that can finally be turned into a pdf-file. The amount of information as well as the font and design will dictate what ‘concise pamphlet’ means: a leaflet or a brochure or something in between.

#### Aspects and questions you should definitely consider:

7. **Learning Techniques** (rather than ‘Learning Styles/channels’)
8. **Human Being:** Biological and psychological basis (e.g. circadian rhythm, ...)
9. **Acceleration:** Motivation/Habits/Strategies
10. **Tips for improvement** (definition/explanation/example/practice...)
11. **Personal aspects**, e.g. likes/dislikes; abilities/talents; Maslow’s Hierarchy of Needs/...
12. **Work routines**, e.g. learning methods ...