### Erasmus<sup>+</sup> "Highway to Europe"

2<sup>nd</sup> conference of the project in Wolfsburg (Germany) 13<sup>th</sup> - 19<sup>th</sup> March 2017

# Preparing for Successful Studying and Professional Career

## WORKSHOP D: "Improve! - But why?" (Critical & Creative)

We hear 'Improve your performance!', 'Make your life better!', Make learning more successful!' and this sort of things. But have you ever wondered why? — 'It is not for school, but for our own future', is what we usually say. But what future is this. Who knows my future and whether all this improvement is actually what I want my live to be.

Many people have experienced the positive effects of using modern learning techniques, discussing individual problems in work or learning performance and/or fighting major misunderstandings about what is good or bad for you.

Of course, we know, that Erasmus+ is granting money for projects that help overcome hindrances for students to access the labour market and to study abroad. But is improving always better?

In order to understand what one really wants to do and be in life, one needs to weigh the options. And you can only weigh the options if there are any and if you know about them. Only if you are free to choose, you are actually free. But for this you need knowledge.

This is what we will actually provide. Find out about various concepts for life and how to decide on what to do with it.

#### Assignment/Goal:

In your team write a 'blog' in which you contribute each member's findings about what life and work could be like and what the pros and cons of the various alternatives are. Include facts and knowledge from your research and give your personal view (better neutral than judgmental) so that readers of your blog wish to read more from you because of your profound research, the clear structure of your text, the eloquent style and the ability to make a topic seem relevant to them.

#### Format:

It has to be a document that fulfils the criteria of a blog. In your case a blog written und submitted by a team of authors. It can be submitted as a text file (rtf/odp/doc/docx ...) and finally be turned into a pdf-file. The amount of information as well as the font and design will show your personal style and language proficiency. Write in English.

#### Aspects and questions you should definitely consider:

- 1. Goals in Life/Maslow's Hierarchy of Needs/....
- 2. Various definitions of what 'success'/'happiness'/.... can mean to different people
- 3. How is learning/working and living related (work-life-balance)
- 4. Find out about the correlation of career, success, money, hobbies, friends, family ...
- 5. Is school/family/friends/society are preparing/helping you or making it more difficult for you to find your individual way?
- 6. Check the corridor of Trakt K (upstairs).